

## **ABSTRACT OF THE DISCLOSURE**

**A system and method for providing a user safe and portable laser beam based device in fitness and recreational fields for individual and group activities in house and outside. The system enables the user full control over the frequency of the laser beam cycle, which is set to increase the difficulty of the activity, and ability to count number of successful laser beam cycles. Additional embodiments are: traffic signal control, vehicle safety system – stopping the car when it's getting less than predefined distance to the vehicle in front of it, to stop the public at the exact location with optional alarm system, to guide the public to follow laser marked path, to generate attraction to the event location.**